Benchmark TPDG1:

TPDG1
A review of health provider schools and pre-service education programs for health care professionals that will care for mothers, infants and young children indicates that there are curricula that cover essential topics of breastfeeding.*

Existence-
Are there breastfeeding curricula for pre-service programs?

Yes

Quality &
Coverage-
How many criteria are met?
(Check all that apply)

1- Minimal Progress
Meets 0 criteria
Curricula does not cover all topics or integrated within all pre-service programs

2- Partial Progress
Meets 1 criterion
Curricula covers all topics or integrated within all pre-service programs

3- Major Progress
Meets all (3) criteria
Curricula covers all topics and integrated within all pre-service programs

Health provider schools:
• Medical schools
• Nursing schools
• Midwifery schools
• Nutrition programs

• Specific for students/residents training in mother, infant and young children care

*See Annex 4
Benchmark TPDG2:

TPDG2 Facility-based health care professionals who care for mothers, infants and young children are trained on the essential breastfeeding topics as well as their responsibilities under the Code implementation.*

Existence- Is there in-service training for facility-based providers?

- No curricula for in-service programs
  - 0- No Progress

- Yes
  - a) Curricula covers all essential breastfeeding topics
  - b) Curricula integrated within all in-service programs

Quality & Effective- How many criteria are met? (Check all that apply)

- Meets 0 criteria
- Meets 1 criterion
- Meets all (2) criteria

- 1- Minimal Progress
- 2- Partial Progress
- 3- Major Progress

Curricula covers all topics and integrated within all in-service programs

*See Annex 4

Facility-based health care professionals:
- prenatal, maternity and pediatric staff
- based in clinics or hospitals
- caring for pregnant & postpartum women and infants & young children
Benchmark TPDG3:

**TPDG3**
Facility-based health care professionals who care for mothers, infants and young children receive hands-on training in essential topics for counseling and support skills for breastfeeding.

**Existence**
Is there hands-on breastfeeding training for facility-based providers?

- **No**
  - 0- No Progress

- **Yes**
  - a) Curricula covers all essential counseling and support skills topics
  - b) Breastfeeding curricula are integrated within all in-service programs

**Quality & Effective**
How many criteria are met?
(Check all that apply)

- 1- Minimal Progress
- 2- Partial Progress
- 3- Major Progress

Curricula covers all topics AND is integrated within all inservice programs

- Meets all (2) criteria
- Meets 1 criterion
- Meets 0 criteria

Curricula does not cover all topics and is not integrated within all in-service programs

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Benchmark TPDG4:

**TPDG4**
Community-based health care professionals who care for mothers, infants and young children are trained on the essential breastfeeding topics as well as their responsibilities under the Code implementation. *

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**Existence -**
Is there in-service training for community-based providers?

- **Yes**
  - a) Curricula covers all essential breastfeeding topics
  - b) Curricula integrated within all in-service programs

- **No**
  - No in-service breastfeeding training

**Quality & Effective -**
How many criteria are met? (Check all that apply)

- Meets all (2) criteria
- Meets 1 criterion
- Meets 0 criteria

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**Curricula covers all topics AND integrated within all in-service programs**

- 3- Major Progress
- 2- Partial Progress
- 1- Minimal Progress

**Curricula covers all topics OR integrated within all in-service programs**

- *See Annex 4

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**Community-based health care professionals:**
- based in primary health care clinics
- caring for pregnant & postpartum women and infants & young children

*See Annex 4*
Benchmark TPDG5:

TPDG5 Community-based health care professionals who care for mothers, infants and young children receive hands-on training in essential topics for counseling and support skills for breastfeeding.

Existence—Is there hands-on breastfeeding training for community-based providers?

No hands-on breastfeeding training

0- No Progress

Yes

Quality & Effective—How many criteria are met? (Check all that apply)

a) Curricula covers all essential counseling and support skills topics

Meets all (2) criteria

3- Major Progress

b) Breastfeeding curricula are integrated within all in-service programs

Meets 1 criterion

2- Partial Progress

Curricula does not cover all topics and is not integrated within all in-service programs

Meets 0 criteria

1- Minimal Progress

Curricula covers all topics AND is integrated within all inservice programs

*See Annex 5
Benchmark TPDG6:

**TPDG6**
Community health workers and volunteers that work with mothers, infants and young children are trained on the essential breastfeeding topics as well as their responsibilities under the Code implementation.

Existence - Is there in-service training for community health workers?

Yes → Quality & Effective - How many criteria are met? (Check all that apply)

- a) Curricula covers all essential breastfeeding topics
- b) Curricula integrated within all in-service programs

No → No in-service breastfeeding training

0- No Progress

3- Major Progress

2- Partial Progress

1- Minimal Progress

Community health workers:
- para-professionals trained to deliver education and provide peer support
- based in community
- caring for mothers, their infants and young children

*See Annex 4
Benchmark TPDG7:

TPDG7: Community health workers and volunteers that work with mothers, infants and young children receive hands-on training in essential topics for counseling and support skills for breastfeeding.

Existence - Is there hands-on breastfeeding training for community health workers and volunteers?

Yes

Quality & Effective - How many criteria are met? (Check all that apply)

1. Minimal Progress
   - Curricula does not cover all topics and is not integrated within all in-service programs

2. Partial Progress
   - Curricula covers all topics OR is integrated within all in-service programs

3. Major Progress
   - Curricula covers all topics AND is integrated within all in-service programs

*See Annex 5
Benchmark TPDG8:

**TPDG8**
There exist national/subnational master trainers in breastfeeding (i.e. breastfeeding specialists or lactation consultants) who give support and training to facility-based and community-based health care professionals as well as community health workers.

**Existence**
Are there master trainers in breastfeeding?

- **No**
  - No master trainers
  - 0 - No Progress

- **Yes**
  - National, subnational, and local master trainers
  - 3 - Major Progress

**Coverage**
Are there master trainers at a national, subnational, or local level?

- **National only**
  - National master trainers
  - 1 - Minimal Progress

- **National & subnational only**
  - National and subnational master trainers
  - 2 - Partial Progress

- **National, subnational, and local**
  - National, subnational, and local master trainers

**Master trainers**: trained and/or certified as breastfeeding specialists or lactation consultants

**Support**:
- Primary resource to providers and CHWs
- Provide breastfeeding related materials
- Maintain quality and standardization of breastfeeding services through on-site visits
Benchmark TPDG9:

TPDG9 Breastfeeding training programs that are delivered by different entities through different modalities (e.g. face-to-face; on-line learning) are coordinated.

- Coordination essential to prevent redundancies and ensure quality of overall national training
- Courses can be run by different entities but must be integrated, registered, evaluated and/or certified in order to be “coordinated”
Benchmark TPDG10:

**TPDG10**
Breastfeeding information and skills are integrated into related training programs (e.g. maternal and child health, IMCI).

**Existence-**
Are breastfeeding information/topics and skills integrated into related training programs?

- **No**
  - No integration 0- No Progress

- **Yes**
  - Fully integrated 3- Major Progress

**Coverage-**
How much are they integrated into programs?

- **Less than 50%**
  - Some integration 1- Minimal Progress

- **50-99%**
  - Most 50-99%

- **100%**
  - Mostly integrated 2- Partial Progress

Related programs: maternal and child health or Integrated Management of Childhood Illness (IMCI) etc…
Benchmark TPDG11:

TPDG11 National standards and guidelines for breastfeeding promotion and support have been developed and disseminated to all facilities and personnel providing maternity and newborn care.

Existence - Have standards and guidelines been developed?
- Yes
  - Disseminated to all
    - 3- Major Progress
  - Coverage - Have they been disseminated to facilities?
    - Yes
      - Some
        - Disseminated to some
          - 2- Partial Progress
    - No
      - Not disseminated
        - 1- Minimal Progress
  - No
    - Not developed
      - 0- No Progress
Benchmark TPDG12:

BFHI/Ten Steps certifies facilities completed all “Baby-Friendly” requirements

**TPDG12**
Assessment systems are in place for designating BFHI/Ten Steps facilities.

- **Existence** - Is there an assessment system?
  - Yes
  - No
    - No assessment system
      - 0- No Progress

- **Quality** - Is it based on BFHI UNICEF/WHO global criteria?
  - Yes
  - No
    - Not based on the global criteria
      - 1- Minimal Progress

- **Effective** - Is it incorporated into National Breastfeeding Plan?
  - Yes
  - No
    - Not incorporated
      - 2- Partial Progress

- Incorporated into National Plan
  - 3- Major Progress
Benchmark TPDG13:
Reassessment system holds facilities accountable to BFHI/Ten Steps standards

TPDG13
Reassessment systems are in place to reevaluate designated Baby-Friendly/Ten Steps hospitals or maternity services to determine if they continue to adhere to the Baby-Friendly/ Ten Steps criteria.

Existence - Do reassessment systems exist?
Yes
No reassessment system
0- No Progress

Yes
Quality - Are they incorporated into National Breastfeeding Plan and time bound?
Yes
Incorporated into National Plan only
3- Major Progress

No
Reassessment systems exist
1- Minimal Progress

No
Systems incorporated into National Breastfeeding Plan and time bound
2- Partial Progress

Systems incorporated into National Breastfeeding Plan only
Benchmark TPDG14:
Evaluates increasing, decreasing or stagnant BFHI coverage over time

TPDG14
More than 66.6% of deliveries happen in hospitals and maternity facilities designated or reassessed as “Baby Friendly” in the last 5 years.

Coverage - How many hospitals and maternity facilities have been designated or reassessed in the last 5 years?

- None
- Less than or equal to 33.3% of hospitals or facilities "Baby-Friendly" (1 - Minimal Progress)
- Between 33.3% - 66.6% of hospitals or facilities "Baby-Friendly" (2 - Partial Progress)
- More than 66.6% of hospitals or facilities "Baby-Friendly" (3 - Major Progress)
Benchmark TPDG15:

**TPDG15**
Health care facility-based community outreach and support activities related to breastfeeding are being implemented.

Existence-
Are activities related to breastfeeding being implemented?

- Yes
  - Activities fully implemented AND effectively linked
  - Major Progress
- No
  - Local only or limited linkages
  - No activities
  - No Progress

Quality & Effective-
Are activities fully implemented? Are they effectively linked with community?

- Fully or effective linkages
- Fully and effective linkages
- Activities implemented or effectively linked

Community outreach:
- Community health fairs
- Educational materials in community settings or via media
- Conducting educational sessions in community settings

Support activities for women:
- In-person (outpatient), on-line, or phone access to professional support
- Individual and group breastfeeding counseling
Benchmark TPDG16:
Assesses coverage of breastfeeding outreach and support activities by non-health care facilities

TPDG16
Community-based breastfeeding outreach and support activities have national coverage.

Existence - Are there outreach and support activities?

Coverage - What is the coverage of the activities?

- Yes
  - Full national coverage
  - 3 - Major Progress

- No
  - No outreach and support activities
  - 0 - No Progress

- Subnational & local only

- Partial coverage
  - 2 - Partial Progress

Community-based activities:
- Home visits
- Mother-to-mother support groups
- Hands-on assistance and breastfeeding guidance outside health care
Benchmark TPDG17:

TPDG17
There are trained and certified lactation management specialists available to provide supportive supervision for breastfeeding program delivery.

Supportive supervision: non-authoritarian method of monitoring and evaluating staff performance

Supervisors:
- Mentor
- Two-way communication
- Team building
- Encourage problem solving
- Monitor performance
- Maintain regular follow-ups with staff